

Get Started



Welcome to the SMARTInside™ App. With this App, you'll launch yourself to a new level of lifelong learning. You'll use insights from neuroscience and adult development to help you learn better ...

- Anywhere, anytime, with any resource.
- By yourself, in teams, and when you are helping others learn
- In the moment, from past experience, when you have an important learning goal
- When you have an immediate learning need
- Over time. With frequent use when you need it, you will develop yourself as a master learner for today's age of technology and rapid change

Be sure to create a shortcut to the SMARTInside App on your MOBILE's home screen:

- **For Android devices:** Just click "Add to Home Screen" at the bottom of the log in page.
- **For Apple devices**
 - Scroll to the bottom of the log in screen and click on the upload icon (little box with arrow)
 - On the screen that pops up, scroll to "Add to Home Screen." Click on it.
 - You will see the icon. Click "done." And your shortcut will appear on your home screen.

GET READY



Take a few minutes NOW to get acquainted with the App so you know what's in it.

Section 1: About Learning 4.0

Click on Section 1 on the Home Screen. **Read about Learning 4.0** by clicking into the very short sections you find there

Section 2. Learning Tips

On the main page of this Section there is are 7 buttons, arranged as a *learning journey*.

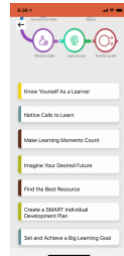


1. Hear the Call ..to learn
2. Create Future Pull (Imagine success)
3. Search ..for best resources
4. Connect the Dots (Get organized)
5. Mine for Gold (Get the information you need)
6. Learn to Last (for memory, skills, new views)
7. Transfer to Life (apply in real work and life)

These are *the 7 main practices* where 21st Century learners excel. You don't need all the practices for everything. But be ready to go to the right place when you have a specific need. Plan to follow all of them when you have a big learning goal.

Click now on each button to see the tips available to you anytime you may need them.

You can *access all the tips directly* at any time. They are all listed below the 7 buttons.



Click one or two tips from the list now to get familiar with using the App and to know more about what is there.

Section 3: Help Others Learn

You often help others learn, at work, at home, in the community. Follow the tips in this section to *sharpen your helping practices*.

Open Section 3 on the Home Screen. The tips here will help you be a high impact helper. *Take a quick look at them* to see their highlights. Make a *mental note* that these tips will be there when you need them.

Plan to suggest the Learning Tips in Section 2 when you want to provide specific learning help (e.g., offer concentration or memory tips, help the person get organized to achieve a long term goal, and more.) Note that you can access all the Learning Tips from Section 2, here in Section 3.

Section 4: Team Learning Tips

Whether you are a leader or member, you can help *turn any team into a high-powered learning team*. You will learn more and the team will perform better, with better trust and openness.

Open Section 4 from the Home Screen *and take a quick look at one or two of the tips there.*

Section 5: Tools

Take a look at the worksheets in Section 5. You can download them at any time for your own use. *Try it now.* Click on a worksheet, select how you want to download it (e.g., by email, messaging, in Notes), and *voila!* It is yours!

Create a special folder on your mobile device or computer where you will file your worksheets



1. Set up an electronic or paper folder or file called **SMARTInside**. *Keep your App worksheets and notes in that file.*
2. *Get ready NOW* to upgrade your learning to SMART Learning 4.0. *Record the answers to these questions and put the answers in your SMARTInside File:*
 - What longer-term learning and development goal(s) are you working on?
 - What are some daily potential learning opportunities that you don't always take advantage of?
 - Whose learning do you influence and support at work, at home, in life?
 - What teams are you part of where the team would be more successful and a better experience if you were more open to learning together and individually?
 - Take a look all the tips listed at the bottom of the main Section 2 Screen. Which of these do you think you will use most frequently?
3. Remember...

This App is *your personal development coach*, ready anytime, anywhere, with any resource or experience. Use it to respond to an immediate need, in teams, and when you help others learn. You will also upgrade your learning capabilities every time you use it.

Who's Behind This App?



Patricia McLagan is the thought leader – author, advisor, teacher and coach – behind this program. She has worked all over the world, helping people at all levels in public and private organizations to learn, change and thrive in today's increasingly complex world.

She's received the highest individual awards for thought leadership and service from the Association for Talent Development and the Instructional Systems Association, is an elected member of the International Adult and Continuing Education Hall of Fame, and is one of 100 Inspiring minds of the Century, recognized by the University of Minnesota's College of Education and Human Development. She is an honorary professor of Human Resource Development.

A lifelong learner, researcher, writer, and innovator for better self-directed and smarter learning and development, she was one of the first to write about and promote more self-driven learning as a key 21st Century meta-skill.



More to launch you to a new level of learning!

Here is more support to develop this key 21st Century meta-skill. It's a new world of lifelong learning!

SMARTInside™ Online Course

5 online learning modules that you can access in your own order and at your own depth. You can also earn a SMART 4.0 Learner badge.

For more, go to www.unstoppablelearners.com/the-smartinside-online-course **Free Brighter Every Day App**

A short, specific, daily learning tip that you can implement right away. Grow your learning capability over time while you learn better a little bit each day.

Free from the Apple Store or Google Play

The book, *Unstoppable You: Adopt the New Learning 4.0 Mindset and Change Your*

Written for *everybody*, this book has more science and advanced learning information, additional tools and background.

Available from Amazon and the Association for Talent Development

Website: *Learning4dot0.com*

Find book reviews, assessments, and insights at this site

The book, *Unleashing Unstoppable Learners: A Guide for Learning Professionals*

This is a book for educators and learning professionals to help them design and implement programs that are more learnable and that help participants build SMART learning skills.

Available from Amazon

Learning Organization Consulting and Advising

We have extensive and global experience in helping organizations to transform into true Learning Enterprises.

Contact us at: *team@UnstoppableLearners.com*

For more, join us at www.UnstoppableLearners.com. Keep up with the latest lifelong learning practices

And all the best for you as a Lifelong Learner!